



HEAL  
AND  
ATTUNE  
YOUR SOUL  
RETREAT

IN A BREATHTAKING SETTING ON THE  
SPANISH COAST

MAY 26TH - JUNE 1ST 2024

AND / OR

JUNE 2ND - JUNE 8TH 2024

RELEASE AND TAP INTO YOUR

Throughout the retreat, Julia Bless, Phil Griggs and Udita Verbeleen will be guiding you on your journey. Their healing approaches complement each other perfectly on all levels and ensure that you get the most out of this week.



“Casa Lotus, The Healing House”, is a brand new retreat venue whose overall concept has been developed by professionals to facilitate healing on all levels. Healthy and delicious meals by a top class chef will be provided for you throughout the retreat. We keep this retreat to 8 participants so everyone can receive the fullness of this exclusive retreat.



# RELAX REVITALISE REFRESH

Dive deeply into voice and body therapy, hypnosis, medical mediumship, astrology and shamanism, which enables you to

## ***HEAL AND ATTUNE YOUR SOUL.***

In this unique 6 day transformational retreat you will start a wonderful relaxing healing process, bringing abundance to your soul, whilst embarking on a spiritual journey of discovery and connection together with like-minded people. Feel the tranquility and peace as you release your old energies and allow pure magic to flow within you in this glorious environment within walking distance from one of the most beautiful spots of the Mediterranean sea on the Spanish coast.

